



# THE COMPANION



**PRAYER, MEDITATION, TEMPTATION...AND REPEAT**

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**Martin Luther used 3 words to describe a Christ's life of Faith: prayer (oratio), meditation (meditatio), and temptation (tentatio).**

Dr. John Kleinig writes "These three terms describe the life of faith as a cycle that begins with prayer for the gift of the Holy Spirit, concentrates on the reception of the Holy Spirit through meditation on God's word, and results in spiritual attack. This in turn leads a person back to further prayer and intensified meditation. Luther, therefore, did not envisage the spiritual life in active terms as a process of self-development but in passive terms as a process of reception from the Triune God. In it self-sufficient individuals became beggars before God."

Notice the role of the Holy Spirit and God's Word. But also spiritual attack. Struggle and temptation are a part of the life of a Christian. Whenever God gives us a promise, the devil shows up. But Satan's attack is counter-productive. The word defeats the devil. The attack draws us back to God's Word.

**Luther says: "As God's word shoots up and spreads through you, the devil persecutes you. He makes you a real teacher (of theology); by his attacks (temptations) he teaches you to seek and love God's word."**

We do not find some key to success in what we do. It is always God shaping and forming us, especially through the good news that for Christ's sake we are forgiven and free, that we are God's own children. In the midst of worries, doubts, temptations, spiritual attack, cling to God's word! Cling to God's promise that He will never leave you or forsake you; His promise that nothing can separate you from the love of God; the promise that there is now no condemnation for those who are in Christ Jesus!

Temptation and attack will come, but we pray, **"Lord, keep us steadfast in Your word."**

*In His Name,  
Pastor Harbaugh*

# MARCH SERVANT LIST

<b>MARCH</b>	MARCH 5TH	MARCH 12TH	MARCH 19TH	MARCH 26TH
<b>LECTORS</b>	JEFF VANDER HOOF	HALEY JENNINGS	MIKE COLCHERTS	MARJI KEATING
<b>FLOWERS</b>	THE RUEDIGERS	SHARON CAYCE	NO ONE SIGNED UP	THE RUEDIGERS
<b>COFFEE HOUR</b>	THE RUEDIGERS	NO ONE SIGNED UP	THIRD SUNDAY BIRTHDAYS	NO ONE SIGNED UP
<b>ALTAR GUILD</b>	RUTH NUTT	BECCA HARBAUGH	BECKY PEARSON	JULI REYNOLDS

# APRIL SERVANT LIST

<b>APRIL</b>	APRIL 2ND	APRIL 9TH	APRIL 16TH	APRIL 23RD	APRIL 30TH
<b>LECTORS</b>	DON WALLICH	HALEY JENNINGS	TIM RUEDIGER	JEFF VANDER HOOF	MARJI KEATING
<b>FLOWERS</b>	EASTER LILIES	EASTER LILIES	EASTER LILIES	THE RUEDIGERS	NO ONE SIGNED UP
<b>COFFEE HOUR</b>	NO ONE SIGNED UP	EASTER!	THIRD SUNDAY BIRTHDAY	NO ONE SIGNED UP	NO ONE SIGNED UP
<b>ALTAR GUILD</b>	RUTH NUTT	BECKY PEARSON	BECCA HARBAUGH	JULI REYNOLDS	RUTH & BECKY

# ❁ MAY SERVANT LIST ❁

<b>MAY</b>	<b>MAY 7TH</b>	<b>MAY 14TH</b>	<b>MAY 21TH</b>	<b>MAY 28TH</b>
<b>LECTORS</b>	<b>TIM RUEDIGER</b>	<b>MIKE GOLCHERTS</b>	<b>MARJI KEATING</b>	<b>DON WALLICH</b>
<b>FLOWERS</b>	<b>NO ONE SIGNED UP!</b>			
<b>COFFEE HOUR</b>	<b>NO ONE SIGNED UP</b>		<b>THIRD SUNDAY BIRTHDAYS</b>	<b>NO ONE SIGNED UP</b>
<b>ALTAR GUILD</b>	<b>RUTH NUTT</b>	<b>BECCA HARBAUGH</b>	<b>JULI REYNOLDS</b>	<b>BECKY PEARSON</b>



## HAPPY HAPPY JOY JOY

### MARCH BIRTHDAYS!

**MALISSA MARAVILLA - 03/02 ~\*~ TIM RUEDIGER - 03/02**

### APRIL BIRTHDAYS!

**SARA WILLIAMS - 04/01 ~\*~ SAM HARBAUGH - 04/08  
JUNE HARBAUGH - 04/18 ~\*~ ERIK RUEDIGER - 04/21**

*If you want your birthday in the Newsletter, please contact Martha in the office  
at: {831} 394-1312 -or- at [office@faithseaside.org](mailto:office@faithseaside.org)*

**The Deadline for the SUMMER 2023 NEWSLETTER is:  
MONDAY, MAY 21ST, 2023 AT 10 AM**

# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>MID-WEEK LENTEN SOUP SUPPERS AND THE LENTEN MID-WEEK SERVICES ON WEDNESDAYS, MARCH 15TH, 22ND, and 29TH.</b>  <b>SOUP SUPPERS 5:30 PM</b>  <b>SERVICE 6 PM</b></p> <p><b>FOR MORE INFORMATION, PLEASE TALK WITH PASTOR!</b></p>			1 	2  <b>Read Across America Day!</b>	3	4
5	6  <b>NATIONAL OREO COOKIE DAY!</b>	7	8  <b>5:30 PM</b>   <b>6PM</b>	9	10	11  <b>SET YOUR CLOCKS AHEAD ONE HOUR BEFORE YOU GO TO BED TONIGHT!</b>
12  <b>DID YOU REMEMBER TO SET YOUR CLOCKS AHEAD ONE HOUR?</b> <b>SPRING AHEAD!</b>	13	14  <b>HAPPY PI DAY</b>	15  <b>5:30 PM</b>   <b>6PM</b>	16	17  <b>HAPPY SAINT PATRICK'S DAY!</b>	18
19  <b>Third Sunday Birthday Celebration!</b>	20  <b>SPRING EQUINOX</b>	21	22  <b>5:30 PM</b>   <b>6PM</b>	23	24	25
26	27	28	29  <b>REMEMBRANCE DAY</b> <b>MARCH 29th</b> <b>VIETNAM WAR</b> <i>Thank you for your service</i>   <b>6PM</b>	30	31	 <b>Goodbye, March!</b>



**THURSDAY, MARCH 2ND: READ ACROSS AMERICA DAY!**  
**MONDAY, MARCH 6TH: NATIONAL OREO COOKIE DAY.**  
**SATURDAY, MARCH 11TH: DAYLIGHT SAVINGS TIME-SPRING FORWARD 1 HOUR**  
**SUNDAY, MARCH 12TH: DAYLIGHT SAVINGS TIME STARTED-DID YOU REMEMBER?**  
**TUESDAY, MARCH 14TH: NATIONAL PI DAY.**  
**FRIDAY, MARCH 17: HAPPY SAINT PATRICK'S DAY.**  
**SUNDAY, MARCH 19TH: THIRD SUNDAY BIRTHDAY CELEBRATION!**  
**MONDAY, MARCH 20TH: SPRING EQUINOX-SPRING BEGINS!**  
**WEDNESDAY, MARCH 29TH: VIETNAM WAR/SOLDIERS REMEMBRANCE DAY!**



# April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**REMEMBER TO CALL OR E-MAIL THE OFFICE WITH ANY INFORMATION THAT YOU WANT IN THE NEWSLETTER!**

**E-MAIL: OFFICE@FAITHSEASIDE.ORG**

**-OR-**

**TELEPHONE NUMBER: 831-394-1312**



2 <b>PALM</b> Sunday  <b>10 AM</b>	3	4	5	6  <b>MAUNDY</b> Thursday <b>NOON</b>	7  <b>Good Friday</b> <b>7 PM</b>	8
9 <b>Easter Sunday</b>  <b>10 AM</b>	10	11	12	13	14	15
16 <b>Third Sunday Birthday Celebration!</b> 	17  <b>Tax Filing Deadline TODAY!</b>	18	19	20	21	22  <b>EARTH DAY</b>
23  <b>VOTERS MEETING AFTER CHURCH</b>	24	25	26	27	28  <b>Plant a tree! Arbor Day</b>	29



**ANNOUNCEMENTS**  
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**SATURDAY, APRIL 1ST: APRIL FOOL'S DAY.**  
**SUNDAY, APRIL 2ND: PALM SUNDAY.**  
**THURSDAY, APRIL 6TH: MAUNDY THURSDAY.**  
**FRIDAY, APRIL 7TH: GOOD FRIDAY.**  
**SUNDAY, APRIL 9TH: EASTER/RISEN SUNDAY.**  
**SUNDAY, APRIL 16TH: THIRD SUNDAY BIRTHDAY CELEBRATION**  
**MONDAY, APRIL 17TH: TAX FILING DEADLINE!**  
**SATURDAY, APRIL 22ND: EARTH DAY.**  
**FRIDAY, APRIL 28TH: ARBOR DAY-PLANT A TREE!**

# May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>MAY DAY!</b> 	2	3	4 <b>NATIONAL DAY of PRAYER</b> 	5 <b>CINCO DE MAYO</b> 	6
7	8 <b>1939</b> <b>1945</b>  Remembrance and Reconciliation of those who passed during WW2.	9	10	11	12	13
14 <b>HAPPY MOTHERS DAY!</b> 	15	16	17	18	19	20 <b>ARMED FORCES DAY</b> 
21 Third Sunday Birthday Celebration! 	22	23	24	25	26	27
28 <b>Pentecost Sunday</b> 	29  With Honor & Gratitude <b>We Remember</b> <b>MEMORIAL DAY</b>	30	31			

**MONDAY, MAY 1ST: MAY DAY!**  
**THURSDAY, MAY 4TH: NATIONAL DAY OF PRAYER.**  
**FRIDAY, MAY 5TH: CINCO DE MAYO.**  
**MONDAY, MAY 8TH: REMEMBRANCE OF THOSE WHO PASSED IN WW2.**  
**SUNDAY, MAY 14TH: MOTHER'S DAY!!**  
**SATURDAY, MAY 20TH: ARMED FORCES DAY.**  
**SUNDAY, MAY 21ST: THIRD SUNDAY BIRTHDAY CELEBRATION.**  
**SUNDAY, MAY 28TH: PENTECOST SUNDAY!**  
**MONDAY, MAY 29TH: MEMORIAL DAY-OFFICE CLOSED.**



## COWBOY TATER TOT CASSEROLE FOR TWO

SERVES: 2    PREP TIME: 20 MIN    COOK TIME: 25 MIN

### INGREDIENTS:

1/2 POUND GROUND BEEF (80/20)  
1 CLOVE GARLIC, MINCED  
2/3 C. CREAM OF MUSHROOM SOUP, UNDILUTED  
1/3 C. MILK  
1/4 TSP. BLACK PEPPER

1/2 SMALL ONION, CHOPPED  
1 (8 OZ CAN) WHOLE CORN, DRAINED  
1/2 C. SHREDDED CHEDDAR, DIVIDED  
2 TBSP. SOUR CREAM  
2 C. FROZEN TATER TOTS

### DIRECTIONS:

- 01) HEAT OVEN TO 375 DEGREES F. LIGHTLY GREASE AN 8 X 8-INCH BAKING DISH.
- 02) IN A SKILLET, COOK ONION UNTIL TENDER.
- 03) ADD GARLIC AND COOK 1 MINUTE.
- 04) ADD THE GROUND BEEF AND COOK UNTIL NO PINK REMAINS.
- 05) STIR IN THE CORN, SOUP, ¼ CUP CHEESE, MILK, SOUR CREAM, AND PEPPER.
- 06) PLACE 1 CUP TATER TOTS INTO THE BAKING DISH.
- 07) ADD THE BEEF MIXTURE OVER THE TATER TOTS.
- 08) ADD THE OTHER 1 CUP TATER TOTS OVER THE BEEF AND THEN SPRINKLE THE REMAINING CHEESE OVER THE TATER TOTS.

**BAKE 20 TO 25 MINUTES UNTIL GOLDEN AND CHEESE HAS MELTED.**

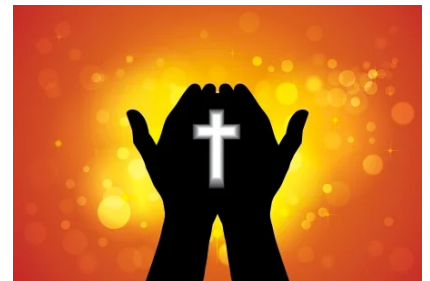
**\* PLEASE NOTE: YOU CAN ADD WHATEVER VEGETABLES YOU LIKE TO THIS CASSEROLE, IT DOES NOT HAVE TO BE JUST CORN...**



**OFFICE HOURS:  
PASTOR HARBAUGH'S HOURS  
ARE BY APPOINTMENT.**



**MARTHA'S OFFICE HOURS:  
MONDAYS and THURSDAYS  
from 9 AM to 1 PM**







# Photographs From Around Faith



## DECEMBER 2022:



Setting up for Christmas - Thank you all!

