



# THE COMPANION



## NEWSLETTER JULY 2020

*“Your word is a lamp to my feet and a light to my path.”  
Psalm 119:105*

This past month, I was privileged to attend an online continuing education course through my alma mater - Concordia Seminary in St Louis. Although, I missed the camaraderie that comes from face-to-face interaction with other pastors, it was still a great time of learning.

The class was on the Psalms. Lutheran theologian Dietrich Bonhoeffer called the Psalms “the Prayerbook of the Bible”. The Church has used the Psalms in worship from its earliest days, continuing the practice of Israel in its temple worship. Today, we continue to use the psalm in our Divine Service in the Introit, Gradual, Offertory and various responses in the Liturgy as well in our hymns. Each of us in our own personal prayer life have found great comfort and direction from the Psalms, **Psalm 23** certainly comes to mind for many. Through the Psalms we can also identify with experiences of great grief, sorrow, and hope in the midst of trial.

It is such a blessing to read and meditate on the Psalms. We can use the Psalms to voice to our prayer. They are prayers of God’s people throughout the ages. Bonhoeffer has a wonderful insight on praying the Psalms. He says. “It does not depend on whether the Psalms express adequately that which we feel at a given moment in our heart. If we are to pray aright, perhaps it is quite necessary that we pray contrary to our own heart. Not what we want to pray in important, but what God wants us to pray....The richness of God’s word ought to determine our prayer ,not the poverty of our heart.”

Often in my prayers, I find that I’m am very narrowly focused on myself and my present need. Certainly it is good to offer everything to God in prayer. But no matter how old we are or where we are in life, we need the Lord to constantly teach us how to pray. We echo the words of the disciples to Jesus, “Lord, teach us how to pray!”

The Psalms do that. The Psalms invite us speak God’s own words back to him. A child learning to speak, repeats the words of their parents, so too we speak back to our Heavenly Father the words He has spoken to us in holy Scripture.

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As Bonhoeffer says “The word of God teaches us to pray. The words which come from God become, then, the steps on which we find our way to God.”

It's also remarkable how the Psalms so clearly point us ahead to Jesus and his work onto cross for us. In fact after his Resurrection, Jesus used the Psalms to open the minds of his disciples to show that it as necessary for him to suffer, die and rise and that forgiveness should be proclaimed in his name to all nations. (**Luke 24**)

Consider also all the Psalms referenced in the New Testament and which Jesus himself quotes. From the cross Jesus, used the words of Psalms as His own prayer: “My God, My God, why have you forsaken me? (**Psalm 22**) and “Into Your hand I commit my spirit” (**Psalm 31**).

Let us follow the example of Jesus and use the psalms to guide our prayer as well.

When we pray the psalm we pray with Jesus. We have fellowship with him. For in the Psalms he is speaking to us and through us.

So I encourage you, spend some time with the Psalms. You can use the Psalm guide for daily prayer on the back of our weekly bulletin at church. Or perhaps choose a Psalm to read every day for the week. The selection from the introit works well . Or just read straight through the psalms. Whatever plan you use, the Lord bless your study and reflection.

May the words of my mouth and the meditation of my heart be pleasing in your sight, O Lord, my Rock and my Redeemer. (**Psalm 19:14**)



*In His Peace,  
Pastor Darren Harbaugh*




*Create in me a clean  
heart, O God;  
and renew a right spirit  
within me.*

Psalm 51:10

# July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 	2	3	4 
5	6	7	8	9	10	11
12  Voters Meeting	13	14	15	16	17	18
19	20	21  Church Newsletter <b>DEADLINE</b> <b>10AM</b>	22	23	24	25
26	27	28  <b>HAPPY</b> <b>PARENT'S</b> <b>DAY</b>	29	30	31	

# MARCH SERVANT LIST

	JULY 5TH	JULY 12TH	JULY 19TH	JULY 26TH
<b>COMUNION ASSISTANT</b>	<i>We are awaiting Monterey County's go ahead ~more information soon.</i>			
<b>LECTOR</b>	<i>We are awaiting Monterey County's go ahead ~more information soon.</i>			
<b>FLOWERS</b>	<b>NO ONE SIGNED UP</b>		<b>THE RUEDIGERS</b>	<b>NO ONE SIGNED UP</b>
<b>COFFEE HOUR</b>	<i>We are awaiting Monterey County's go ahead ~more information soon.</i>			
<b>ALTAR GUILD</b>	<b>RUTH NUTT</b>	<b>JULI REYNOLDS</b>	<b>SARA WILLIAMS</b>	<b>BECKY PEARSON</b>

## OFFICE HOURS:

**PASTOR HARBAUGH'S OFFICE HOURS:**

**10 AM - 1 PM\***

**\*OR BY APPOINTMENT**

**MARTHA'S OFFICE HOURS:**

**TUESDAY - WEDNESDAY - THURSDAY**

**9 AM - 1 PM**



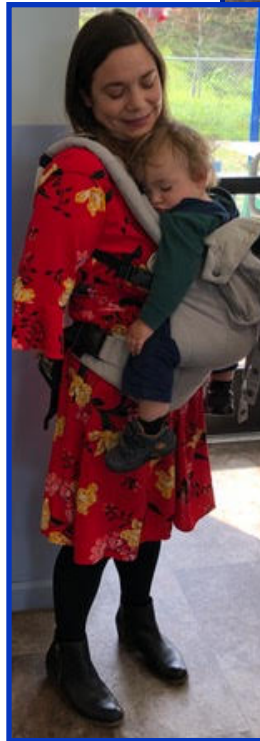
**FAITH  
LUTHERAN  
CHURCH**







# Photographs from around Faith!

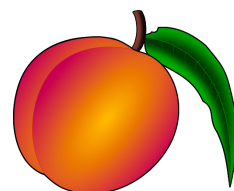


**These photographs were taken in March and were for the April 2020 newsletter.**

*A very special Thank You to our fabulous photographer Marjie Keating!*

# *Fresh Southern Peach Cobbler*

Prep: 20 mins   Cook: 40 mins   Total: 1 hr   Servings: 4



## INGREDIENTS:

8 peaches - peeled, pitted & sliced into thin wedges  
1/4 cup brown sugar  
1/8 teaspoon ground nutmeg  
2 teaspoons cornstarch  
1/4 cup white sugar  
1 teaspoon baking powder  
6 TBLSP. unsalted butter, chilled & in small pieces

1/4 cup white sugar  
1/4 teaspoon ground cinnamon  
1 teaspoon fresh lemon juice  
1 cup all-purpose flour  
1/4 cup brown sugar  
1/2 teaspoon salt  
1/4 cup boiling water

## MIX TOGETHER:

3 tablespoons white sugar

1 teaspoon ground cinnamon

## DIRECTIONS:

**Step 1:** Preheat oven to 425 degrees F.

**Step 2:** In a large bowl, combine peaches, 1/4 cup white sugar, 1/4 cup brown sugar, 1/4 teaspoon cinnamon, nutmeg, lemon juice, and cornstarch. Toss to coat evenly, and pour into a 2 quart baking dish. Bake in preheated oven for 10 minutes.

### Step 3:

Meanwhile, in a large bowl, combine flour, 1/4 cup white sugar, 1/4 cup brown sugar, baking powder, and salt. Blend in butter with your fingertips, or a pastry blender, until mixture resembles coarse meal. Stir in water until just combined.

### Step 4:

Remove peaches from oven, and drop spoonfuls of topping over them. Sprinkle entire cobbler with the sugar and cinnamon mixture. Bake until topping is golden, about 30 minutes.

**FINALLY...LET COOL \*\*\* SIGH \*\*\* AND ENJOY!**

**The Deadline for the AUGUST 2020 NEWSLETTER is:  
TUESDAY, JULY 18TH, 2020 at 10:00 am!**

## **JULY 2020 BIRTHDAYS**

**Jesse Ruediger - 07/07**

**Marjorie Keating - 07/29/49**

**If you want your birthday in the Newsletter,  
please contact Martha in the office at:  
{831} 394-1312 -or- at [office@faithseaside.org](mailto:office@faithseaside.org)**

