THE MAY 2022 NEWSLETTER



# THE COMPANION

### LCMS Prayer of the Church 1 May 2022

In peace, let us pray to the Lord: Lord, have mercy.

In thanksgiving for the powerful Word and spiritual food that our Lord alone provides, that we may worthily hear and receive it and fulfill His will for our lives, let us pray to the Lord: Lord, have mercy.

For strong hearts and voices to meditate upon the splendor of the resurrection of Christ and to speak of the might of His awesome deeds of salvation, let us pray to the Lord: Lord, have mercy.

For the Church of God, that many men would be called to the service of the Church and suffer for the Gospel, confounding her enemies with Christ's wisdom, let us pray to the Lord: Lord, have mercy.

For all fathers and mothers, that God would strengthen their faith and increase their joy in the Gospel, and that they would declare the mighty acts of God to the generation to come, let us pray to the Lord: Lord, have mercy.

For our rulers and all the nations of the earth, that God who orders all nations would inspire His Church to shepherd them unto eternal life, let us pray to the Lord: Lord, have mercy.

For those who struggle among us, that God would give them faith and grace and be glorified through their trials, let us pray to the Lord: Lord, have mercy.

For joyful hearts worthily to receive the body and blood of Christ on this morning of His resurrection, that we, too, would rise on the Last Day, let us pray to the Lord: Lord, have mercy.

All these things and whatever else You know that we need, grant us, Father, for the sake of Him who died and rose again and now lives and reigns with You and the Holy Spirit, one God forever. **Amen**.



FAITH LUTHERAN CHURCH ~ COMPANIONS ON THE JOURNEY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<sup>1</sup> MAY DAY! Welcome, May	2	3	4	5	6	7		
8 HAPPY MOTHER'S DAYL	9	10	11	12	13	14		
15 <b>VOTER'S</b> MEETING	16	17	18	19	20	21		
22	23	24	25	26	27	28		
29	30 MENORIALI	31 SO LONG, MAY	MAY ANNOUNCEMENTS PRINTED BELOW!					
MAY 8TH: MAY 15TH:	CINCO DE MOTHER'S VOTER'S M MEMORIAI	5 DAY IEETING L DAY	сн ~ <b>С</b> омра <i></i> ијо	NS ON THE JOU	JRNEY 🗮			

## ₩ MAY SERVANT LIST 🔆 ₩

	MAY 1ST	MAY 8TH	MAY 15TH	MAY 22ND	MAY 29TH				
LECTORS	JEFF VAN DER HOOF	MARJI KEATING	TIM RUEDIGER	MIKE golcherts	TIM RUEDIGER				
FLOWERS	No One								
COFFEE HOUR	Signed-Up								
ALTAR GUILD	JULI REYNOLDS	BECKY PEARSON	RUTH NUTT	JULI REYNOLDS	RUTH NUTT & BECKY PEARSON				
OFFICE HOURS: FOR PASTOR HARBAUGH'S HOURS ARE BY APPOINTMENT. **~ MARTHA'S OFFICE HOURS: MONDAYS and THURSDAYS from 9 AM to 1 PM									

Souther an Church ~ Companions on the Journey

## SKILLET BEEF FAJITAS

TOTAL TIME: Prep/Total Time: 30 min. YIELD: 5 servings.

### **INGREDIENTS:**

1 pound lean ground beef 1/3 cup chopped green pepper 3/4 cup frozen corn 6 corn tortillas (6 in), cut into 1/2 ir

6 corn tortillas (6 in), cut into 1/2-inch strips\*

1/3 cup chopped sweet red pepper

- 2 cups salsa
- 2 tablespoons water

 $3/4~{\rm cup}$  shredded reduced-fat cheddar cheese

5 tablespoons fat-free sour cream

#### **DIRECTIONS:**

**1.** In a large skillet coated with cooking spray, cook beef and peppers over medium heat 6-8 minutes or until beef is no longer pink and vegetables are tender; crumble beef; drain. Stir in salsa, corn and water; bring to a boil.

**2.** Stir in tortilla strips. Reduce heat; simmer, covered, 10-15 minutes or until tortillas are softened. Sprinkle with cheese; cook, covered, 2-3 minutes longer or until cheese is melted. Serve with sour cream.

**FREEZE OPTION:** Freeze cooled meat mixture in freezer containers. To use, partially thaw in refrigerator overnight. Heat through in a saucepan, stirring occasionally; add water if necessary. Serve with sour cream.

\*The person who made this said if you do not like corn tortillas you can use flour tortillas.



The Deadline for the <u>JUNE</u> <u>2022</u> <u>NEWSLETTER</u> is: MONDAY, MAY 23RD, 2022 AT 10 AM

<u>MAY BIRTHDAYS</u>! A VERY HAPPY BIRTHDAY TO ALL OF YOU WHO ARE CELEBRATING YOUR BIRTHDAY THIS MONTH



If you want your birthday in the Newsletter, please contact Martha in the office at: {831} 394-1312 -or- at office@faithseaside.org



I am truly sorry for the confusion with some of the bulletins in April 2022. All I can say is that I am a work in progress. Thank you all so much for the feedback! Deace, Martha

\*\* Faith Lutheran Church ~ Companions on the Journey

## EASTER SUNDAY! HE IS RISEN! REJOICE!





A Special Thank You to our wonderfully

awesome

photographers, Marjie Reating and Becky Learson!





PHOTOGRAPHS FROM AROUND FAITH!

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\*\* FAITH LUTHERAN CHURCH ~ COMPANIONS ON THE JOURNEY